



The Tully Community Flow Chart

A guide for individuals working with people at risk of self harm and suicide

Questions to use to assess level of risk and to help decide where to refer

- Are there recent crises or stresses?
- Is despair/hopelessness being expressed by the person?
- Are they thinking about suicide?
- Have there been past suicide attempts?
- Is there a family history of suicide?
- Have they a suicide plan?
- Do they have access to means (e.g. gun)?
- Is there abuse of drugs or alcohol?
- Is the person receiving treatment for mental illness/emotional problem?

Medium to High Risk

- * Multiple risk factors present (consider answers to the above questions)
- * Active suicidal thoughts present

Low risk

Low Risk DOES NOT MEAN No Risk

Agreeable to a referral at next possible time

REFER TO -

**Acute Care Team
Cook Street, Tully**

Weekdays:
8.00am-4.30pm
4068 4111

Outside of the above times,
phone –

**Tully
Hospital.....4068 4144**

**Cardwell Community
Health.....4066 2230**

**Client's private
practitioner if
applicable**

Suicide Prevention Resource Unit

Red Cross House
245-247 Lake Street, Cairns

The Unit is for use by students, health professionals, counsellors and other interested community members, and includes information on the Mental Health Act.

In an emergency

**Emergency –
Ambulance/Fire/Police.....000**

**Ambulance –
Non-emergency.....131 233**

Tully Hospital.....4068 4144

**Police -
Cardwell.....4066 8620
Mission Beach....4068 8422
Silkwood.....4065 2200
Tully.....4068 1200**

**Mobile phones with
no coverage.....112**

*When making a referral,
the following should be
said:*

*“Hello, I’m from
I have a person with me who is
at HIGH RISK OF SUICIDE*

Flowchart developed by -

**Dr Edward Koch Foundation
and the
FNQ Suicide Prevention
Taskforce
Enquiries 07 4031 0145**

Other options for referral & assistance

AIDS Council.....	1800 177 434
Alcoholics Anonymous –	
Cardwell.....	4066 8651
Tully.....	4068 1013
Cardwell Family Practice.....	4066 8533
Centacare, Cairns (ask for Child & Adolescent Counsellor).....	4044 0130
Child Safety, Dept of.....	1800 811 810
Community Health Centres -	
Cardwell.....	4066 2230
Mission Beach.....	4068 9722
Tully.....	4068 4144
Girringun Aboriginal Corp.....	4066 8300
Lifeline Counselling Centre, Cairns –	
Relationships.....	4050 4955
Life Bereavement	
Support (9.30am-4.30pm).....	0439 722 266
Mission Beach & Tully	
Medical Centre	4068 8174
Men's Counselling Service.....	1800 600 636
Parent Line.....	1300 301 300
Pregnancy Counselling Link.....	1800 777 690
Street Level Youth Care.....	0408 770 899
Tully Community Support Centre....	4068 1004
Tully High School.....	4068 4555
Wuchopperen Social Health	
Service, Cairns.....	4080 1036
YETI, Cairns.....	4051 4927
YouthLink, Cairns.....	4031 6179

24 hour referral services:

Dads in Distress.....	1300 853 437
Domestic Violence/ Crisis Helpline.....	1800 811 811
Drug & Alcohol Info.....	1800 177 833
Family Drug Support.....	1300 368 186
Hope Line.....	1300 467 354
Kids Helpline.....	1800 551 800
Lifeline Australia.....	131 114
Poisons Information Centre.....	131 126
Salvo Care Line.....	1300 363 622
Veterans Counselling Service.....	1800 011 046

People rarely suicide in company – organise support and services